Imagine slicing open an Aloe Vera leaf and consuming the gel directly from the plant. Our pure Aloe Vera Gel is as close to the real thing as you can get.

The miraculous aloe leaf contains 200 compounds, including 20 minerals, 18 amino acids and 12 vitamins. A product of our patented aloe stabilization process, our vera gel is favored by those looking to maintain a healthy digestive system and a natural health energy level.

The first to receive certification by the International Aloe Science Council, this rich aloe vera cocktail of pulp and liquid authenticates this product just as nature intended. Aloe vera gel taken daily, either alone or mixed with pure fruit juice, it is one of the best nutritional supplements available!

Where can I buy aloe vera in Canada? Visit Forever Living products Canada online store to buy Aloe Vera gel.

- The power of stabilized Aloe Vera gel – from the inside out
- The first of its kind to be certified by the International Aloe Science Council
- Aloe Vera gel contains over 200 compounds
- Benefits of drinking Aloe Vera gel for maintaining a healthy digestive system

INGREDIENTS
Stabilized Aloe Vera Gel, Sorbitol, Ascorbic Acid (Antioxidant), Citric Acid, Potassium Sorbate (To Help Protect Flavor), Sodium Benzoate (To Help Protect Flavor) Xanthan Gum, Tocopherol (vitamin E, Antioxidant). All above mentioned substances derived from natural sources mostly berries....

Nutrition Facts
Contains 100% Aloe Vera Juice
Amount Per Serving
Calories 40
FOREVER ACTIVE PROBIOTIC

Microbes are live microorganisms that exist in our bodies and play a role in our general health and wellbeing. While some microbes are bad, the majority are beneficial. These "good bacteria" are called "probiotic," meaning "for life" in Greek.

Forever Living Products recognizes the important role that beneficial microbes play in human health and the need for supplementation through probiotic therapy. Designed to promote a healthy digestive system, Forever Active Probiotic is a small, easy-to-swallow beadlet that helps overcome imbalances created by our food and lifestyle choices, which can inadvertently lead to a reduction in the amount of naturally occurring probiotics.

Forever Active Probiotic works primarily in the colon where it assists with the process of food digestion, helping to release nutrients for absorption, and contributes positively to normal human growth and development by helping to maintain a balanced and healthy system. As probiotics themselves are quite fragile, Forever Active Probiotic uses an exclusive, patented encapsulation technology that protects the probiotics then releases a unique combination of six beneficial strains of microbes only after they reach the desired destination of the large intestine.

The probiotics in Forever Active Probiotic are derived from Lactobacillus and Bifidobacterium genera; the strains are:

**Lactobacillus Acidophilus** - inhibits undesirable organisms and helps prevent them from multiplying and colonizing.

**Bifidobacterium Longum** - crowds out bad bacteria to help reduce the frequency of gastrointestinal disorders.
**Bifidobacterium Lactis** - helps lower the body's pH and further inhibits undesirable bacteria growth.

**Lactobacillus Rhamnosus** - helps to protect the intestinal tract so that the undesirable microorganisms can't get a foothold.

**Lactobacillus Bulgaricus** - helps to keep the small intestine clean and balanced.

**Lactobacillus Plantarum** - preserves key nutrients, vitamins, and antioxidants to help counteract undesirable substances in our foods.

It is the only shelf-stable, 6-strain probiotic that requires no refrigeration on the market today. What's great about Forever Active Probiotic is that it works in tandem with our patented Aloe Vera. Aloe acts as a "prebiotic", which fosters the growth of and provides the ideal environment for the probiotic to function. So whether your goal is to promote a healthy digestive system or enhance nutrient absorption and immune function, add Forever Active Probiotic to your daily supplement program.

**ADDITIONAL INGREDIENTS**

- Palm Oil
- Gelatin
- Glycerin
- Soy Lecithin
- Pectin

**Supplement Facts**

Serving Size 1 Beadlet Servings per Container 30

**Amount Per Tablet %DV**

Proprietary Probiotic Blend 1 billion cfu *

L. acidophilus,

B. longum

B. lactis,

L. rhamnosus

L. bulgaricus,
L. plantarum
* Daily Value (DV) not established

DIRECTIONS
Take one beadlet daily with water on an empty stomach or two hours after a meal. Do not chew or crush.

Note: Contains no yeast, wheat, gluten, corn, dairy products, artificial coloring, artificial flavoring or preservatives. This product contains natural ingredients, so color variations are normal.

- Promotes a healthy digestive system
- Enhances nutrient absorption and immune function
- Unique combination of 6 beneficial strains of microbes
- No refrigeration needed

*Designed to promote a healthy digestive system, Forever Active Probiotic is a small, easy-to-swallow beadlet that helps overcome imbalances created by our food and lifestyle choices, which can lead to a reduction in the amount of naturally occurring probiotics. They work primarily in the colon, where it assists with the process of food digestion, helping to release nutrients for adsorption, and contributes positively to normal human growth and development by helping to maintain a balanced and healthy system. It is the only shelf-stable, 6-strain probiotic that requires no refrigeration on the market today; and what's great about Forever Active Probiotic is that it works in tandem with our patented Aloe Vera.*
Forever Garcinia Plus

Forever Garcinia Plus is a revolutionary nutritional supplement, containing a number of ingredients that may aid in weight loss. The primary ingredient is a natural substance derived from the fruit of a Southern Asian tree, the Garcinia Cambogia, also known as the Malabar Tamarind.

The rind of this fruit is dried and used to produce Hydroxycitric Acid (HCA). Chemically, HCA is very similar to the citric acid found in oranges and other citrus fruits. The fruit of the Garcinia is about the size of an orange, but is more like a pumpkin in appearance.

For centuries, this fruit has been used for culinary and herbal purposes in Southern India and in Thailand. Specialists in plant compounds became aware of the remarkable qualities of HCA in the late 1960's, when they learned that this compound can reduce the body's production of fats from carbohydrates.

During the normal metabolism of a meal, carbohydrate calories that are not used immediately for energy or stored as glycogen are converted into fats in the liver. HCA works by inhibiting the enzyme (citrate liase) which converts these calories into fat.

As a result, the body will burn existing fat stores, thus aiding in weight loss. When enough glycogen has been created and stored in the liver, a message is sent to the brain indicating sufficient food has been taken. This action is called a satiety reflex, and quells the appetite, reducing the desire for more food.

**INGREDIENTS**

- Garcinia Cambogia Extract (powdered fruit rind)
- Safflower Oil
- Gelatin
- Glycerin
- Medium Chain Triglycerides
- Purified Water
- Beeswax
- Lecithin
- Carob Extract
- Titanium Dioxide
- Chromium Picolinate

**Supplement Facts**
Serving Size 1 Softgel

**Amount Per Softgel % Daily Value**
-- Calories 5
-- Calories From Fat 5
-- Total Fat 0.5g <1%*
-- Sodium 5 mg <1%
-- Calcium 95 mg 10%
-- Iron 1.35 mg 8%
-- Chromium 100 mcg 80%
-- Garcinia Cambogia Extract, powdered (fruit rind) 500 mg

† (Yielding 250 mg of [-] Hydroxycitric Acid per softgel)
* Percent Daily Values are based on a 2,000 calorie diet
† Daily Value not established

**DIRECTIONS**
Take one softgel approximately 30 minutes before meals, three times daily. (The effective dosage of HCA begins at 500mg. Taken three times daily makes the HCA several times more effective.)

- Contains HCA, a natural appetite suppressant
- HCA inhibits the enzyme that converts calories into fat
- A useful tool in weight management
**Forever Lean** provides two revolutionary ingredients that can help reduce the body’s absorption of calories from fat and carbohydrates. The first of these ingredients is a unique, fat-absorbing fiber derived from the cactus plant, *Opuntia ficus-indica*, otherwise known as Indian fig, nopal or prickly pear. Studies have shown that this unique fiber has a very high ability to bind fats, compared to other types of plants.

The other unique ingredient in Forever Lean is a protein specially derived from the beans of the *Phaseolus vulgaris* plant, otherwise known as white kidney beans. This protein works by slowing the body’s absorption of sugar in the small intestine by temporarily inhibiting the enzyme activity that converts starches into sugar.

Together these two revolutionary new ingredients can help you succeed in your quest to reach your ideal weight by helping to block the absorption of some of the fat and carb calories you ingest.

The third most effective ingredient in Forever Lean is Chromium Trichloride. Chromium is a very important trace mineral which helps the body’s natural ability to regulate blood sugar by acting as a GTF (glucose tolerance factor) cofactor. This is especially important for normal metabolism.

To maximize the effectiveness of this supplement, however, it is important to remember that you should also incorporate a healthy diet and regular exercise into your overall weight control regimen in order to achieve and maintain your weight goal.

Where can I buy Forever Lean in Canada?
Visit Forever Living products Canada online store to buy Lean.
- Helps block the absorption of calories from fat and carbohydrates
- Chromium helps the body regulate blood sugar for a normal metabolism

Temporarily inhibits the body’s absorption of calories from sugar

**INGREDIENTS**
Gelatin, Water, Microcrystalline Cellulose, Stearic Acid, Croscarmellose Sodium, and Silicon Dioxide.

**Amount Per Serving**
Take one capsule with water immediately before meals or snacks, up to four capsules a day.

**Supplement Facts**
Serving Size 4 Capsules Servings Per Container 30
Amount Per % Daily Serving
Total Carbohydrate 1 g
Dietary Fiber 1 g
Chromium (as chromium trichloride) 120 mcg
Indian Fig Extract 1050 mg
(Opuntia ficus-indica) powdered (leaf)
White Kidney Bean Extract 445 mg
(Phaseolus vulgaris), powdered
Daily Value not established

Forever Lean available to buy online from any location of Canada.
Forever Lite Ultra is the perfect addition to your healthy Forever Living lifestyle. With 55% more protein and less than 1/2 the carbohydrates of regular Forever Lite powder, Forever Lite Ultra integrates new thinking with new technologies to help you maintain a healthy diet and lifestyle.

Two servings each day of Forever Lite Ultra, added to 10 ounces of skim milk, supply a full 100% of the Reference Daily Intake (RDI) for the vitamins and minerals shown in the Nutrition Facts section.

And Forever Lite Ultra supplies more of the 18 important amino acids, including essential, nonessential and the branch-chain amino acids. With Forever Lite Ultra, you can rest assured that you are getting the latest advancements in nutrition science, without having to sacrifice taste.

Forever Lite Ultra is an integral part of the Forever CLEAN + LEAN diet and exercise program. It will help you take charge of your health and put you on the path to effective and sustained weight management.

INGREDIENTS

- Forever Living Protein Blend (Consisting of Whey Protein, Soy Protein Isolate and Calcium Caseinate)
- Fructose
- Natural and Artificial Flavors
- Guar Gum
• Soybean Oil
• Vitamin A Palmitate
• Calcium Pantothenate
• Vitamin D3
• Ascorbic Acid
• D-Alpha Tocopheryl Acetate
• Soy Lecithin
• Niacinamide
• Zinc Oxide
• Pyridoxine Hydrochloride
• Thiamine Hydrochloride
• Riboflavin
• Folic Acid
• Biotin
• Potassium Iodide
• Beta Carotene
• Brewer’s Yeast
• GTF Chromium Yeast
• Selenium Yeast
• Spirulina
• Cyanocobalamin

CONTENTS
18.5 oz (525g)-approximately 21 servings per can

DIRECTIONS
Blend or mix 1 level scoop with 10 fluid ounces of skim milk. (Use scoop provided.) For a special treat, mix with crushed ice or fruit. Or enjoy the ultimate low carb shake by mixing Forever Lite Ultra with water instead of milk. Even fewer carbs, yet still tastes great! Shake can before each use.
For your low-carb lifestyle

- Two shakes provide 100% RDI of numerous vitamins and minerals
- 55% more protein and less than 1/2 the carbohydrates of regular

Forever Bee Pollen

Pollen is the fertilizing dust of flowers. Bees gather and bring it back to their hives for food. Without pollen, plants, trees and flowers could not exist; even we depend on it.

Forever Bee Pollen is gathered in specially-designed stainless steel collectors from the blossoms that blanket remote, high desert regions. This ensures the freshest and most potent natural food. Forever Bee Pollen is all-natural and contains no preservatives, artificial colors or flavors. Bee pollen contains a wide spectrum of nutrients to help maintain good health. These include all vitamins of the B-complex and vitamin C. Since these are water soluble, they can be taken daily. Bee pollen also contains vitamins D, E, K, and Beta Carotene (vitamin A), plus numerous minerals, enzymes and coenzymes, plant-source fatty acids, carbohydrates, proteins, and 22 amino acids - including all eight 'essential' amino acids that the body cannot manufacture for itself.

Bee pollen is one of the most complete foods available. Bee pollen also contains Lecithin, which exists naturally in all cells and aids in the metabolism of fats. The nutrients in bee pollen are readily digestible and easily absorbed by the human body. Forever Bee Pollen may assist in maintaining a healthy circulatory, digestive, immune, and nervous system.

INGREDIENTS

- Pure Honey
- Bee Pollen 500mg
- Honey
- Stearic Acid
- Silica
- Royal Jelly

CONTENTS
100 tablets (500mg each)

DIRECTIONS
Take a small amount (1/4 tablet) to assure no allergic reaction, then gradually increase
daily intake to one tablet, three times a day. Consult your physician before taking this or any other nutritional supplement.

Aloe Blossom Herbal Tea is a natural blend of leaves, herbs and spices, especially prepared to provide an outstanding flavor and a rich aroma. Caffeine-free, it has been formulated to leave you feeling revitalized. Whether you drink it hot or prefer it iced, Aloe Blossom Herbal Tea has a great taste and is easy to prepare. This international product combines carefully chosen ingredients from China, Jamaica, Egypt, America and India. Refreshing cinnamon, orange peel and cloves impart a warm fruity flavor, along with allspice and ginger to soothe. Combined with aloe blossoms from our own plantations, this low calorie, refreshing tea is a great compliment to our Forever Lite weight management program.

INGREDIENTS

- Cinnamon
- Orange Peel
• Cloves
• Blackberry Leaf
• Allspice
• Fennel
• Ginger
• Cardamom
• Aloe Blossoms
• Gymnema Sylvestre
• Chamomile

Nutrition Facts
Serving Size 1 tea bag (1.5g) (makes 8 fl. oz.)
Servings Per Container 25
Amount Per Serving
Calories 0

% Daily Value*
Total Fat 0g 0%
Sodium 0mg 0%
Total Carbohydrate 0g 0%
Sugars 0g
Protein 0g

*Percent Daily Values are based on a 2,000 calorie diet.

CONTENTS
25 individually foil-wrapped tea bags.

DIRECTIONS
For hot tea, use one tea bag per cup. Add boiling water and brew 3-5 minutes before removing tea bag. For iced tea (one quart), pour 2 cups of boiling water over 4 tea bags and brew 3-5 minutes. Remove tea bags, add 2 cups of cold water and chill.

-- Low calorie -- No caffeine